# IQRA' Grade - One Curriculum Grade 5 Qur'an

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IQRA's Note to Parents and Teachers Elementary Program in an Islamic School Development During the School Years How to Use the Elementary Curriculum Curriculum We at IQRA' International Education Foundation are grateful to Allah (SWA) for enabling us to present this Elementary Curriculum of Islamic Studies.

This volume represents years of painstaking research, study, writing, field-testing and evaluation by IQRA's team of educators, scholars and teachers.

This volume marks the completion of the second stage of IQRA's program development. We are now well on our way to completing the junior high school and high school curricula, Insha Allah.

The development and production of this syllabus is a part of IQRA's vision for a comprehensive system of Islamic education that includes:

- 1. An integrated curriculum from pre-school to high school.
- A comprehensive program of Islamic and Arabic studies at all grade levels. This includes
  writing and development of graded textbooks, workbooks, enrichment literature,
  parent/teacher manuals, educational software and educational aids for five basic
  Islamic subjects.
- 3. An Open University and Home-Based Education Program.

In each area, IQRA's work is progressing in an organized and well-planned manner and we hope that by the year 2000, IQRA's vision will become a reality, Insha Allah.

This effort needs a solid commitment to make Islamic education our foremost priority, mobilization of the community's human and financial resources, institutionalization of efforts and coordination with other organizations.

We appeal to all concerned Muslims and Islamic organizations to cooperate with IQRA' and become Ansar of its educational program.

Together, let us establish IQRA' International Foundation as the finest institution of Islamic educational research and development. It would be the best gift that we, the North American Muslims, can give to our children and to the 'Ummah as a whole. Amin.

Chief Editors

Friday, 10 June 1996

# **Development During the School Years**

#### PHYSICAL DEVELOPMENT

The middle years, between the ages of six and twelve, are often referred to as the school years. During this period of development, children undergo a steady growth rate, increase in muscle strength and fine-tune their motor abilities. During this time also, the average child grows about 2 inches and gain 3-6 pounds each year. A rapid development of social skills also takes place during this time.

Between the ages of nine and eleven, the children have 20/20 vision while binocular vision is usually attained by the ages of six.

Through play and interaction with peers, the child expands and refines his or her motor skills. Activities such as jumping, running or throwing help him or her to coordinate and finely-tune basic motor behaviors.

The amount of sleep gradually decreases as the child ages. A normally active and healthy six year old sleeps an average of twelve hours. By the age of twelve, this time is reduced to nine or ten hours of sleep per night. Parents are reminded to regulate their child's daily schedule so that he/she can retire to bed on time and get sufficient sleep.

## **COGNITIVE DEVELOPMENT**

By this stage in a child's cognitive development, confusions, distractions and inconsistencies of pre-operational thought are gradually being replaced by basic logic. Children become adept at making logical decisions about problems involving "real" or concrete objects. In addition, the development of a new and reversible system of mental operations and the ability to form stable hierarchies of classes and relations begins. The ability to conserve quantity, number and some aspects of space and time forms. They can usually conserve numbers by about six or seven, mass and length between seven and eight, and weight by around nine or ten.

The pre-operational egocentrism found in pre-schoolers is replaced in the school years by increased flexibility, logic and objectivity: children are now able to appreciate situations and circumstances from others' view points. It is important that adults respect their opinions and discuss their ideas and convictions with them in a mature fashion.

During this time, rules and regulations serve as important guidelines for the behavior of six and seven year old. To children of this age, adults are always right. Parents and teachers become serious role models for these children and the Islamically-orinted behavior that is displayed to the children may become a source of their inspiration and training.

#### **Decentration:**

Children can now take into account several aspects of an object or event at the same time. They are able to recognize that there may be more that one way to arrive at a conclusion and they are able to delay action until they consider every option.

They begin to understand the process of transformation (for example, the metamorphosis of a mealworm into a beetle). They are able to understand that certain aspects of the environment are permanent and unchanged, despite changes in their appearance.

#### **Time and Distance:**

After the age of eight, children gain better understanding of the passage of time and they are able to classify past and future events according to how recently they occurred. The ability to understand the concept of distance improves as the child grows through the school years.

#### **Classification and Seriation:**

Children begin to understand the relationship between a whole and its parts, and can use this to classify objects in sequential order (for example girls may organize their dolls from their least favorite to their most favorite).

## **Memory and Language Development:**

In general, children during this stage have a better long and short term memory capacity than do pre-schoolers. Their ability to communicate improves primarily because they become less concrete, less literal and less egocentric. School-aged children greatly expand their reading vocabulary and improve their understanding of words and word meanings. Emphasis should be place on providing good literature for the children. Quality Islamic literature especially should be made available for the children to read and enable them to expand their language and religious concepts.

#### SOCIAL DEVELOPMENT

During these middle years of development, children begin to spend more time with their peers and learn to share and cooperate with them. They can be separated from their parents for longer periods of time with little or no problem. At this point, parents can allow their child to make independent choices, thus helping him or her to prepare for the "real world." However, the selection of friends should be carefully screened by parents, as peers begin to assert greater influence on their children during this crucial time in their moral and social development.

#### **Peer Relationships:**

At this stage, children begin to form groups. Friendships are most likely to form between children of the same age, sex, race and among those who share common interests. (1) The most popular children within this age group tend to have good communication skills and they are able to interact well with old friends and new acquaintances.

Games undergo transition from being those that require a high expenditure of energy (such as jump rope and tag) to ones that are more competitive and organized (baseball, kickball). It is at this stage in a child's social development more than any other, that he or she is likely to conform to his/her peers.

#### (Footnote 1)

In an Islamic school setting, every effort should be made to discourage racial cliques and race should not be a factor in choosing friends among Muslims.

#### The Function of Peers:

The interaction between children of the same age group is vital at this stage. Through these interactions, children are able to transmit values and ideas and function as playmates and friends. A child's peers influence his or her behavior through modeling and reinforcement and they serve as a standard for comparison. It is important for parents to provide their school-aged children with a Muslim peer group, either through an Islamic school, Masjid, or through social activities.

#### **EMOTIONAL DEVELOPMENT**

#### Fear:

By the time children reach school age, most of their fears have subsided, since they are better able to separate reality from fantasy. On the other hand fears, such as of failure in school or rejection by teachers, peers and parents, begin to form within the child.

#### **Aggression:**

Children begin to engage in hostile aggression directed towards other people while verbal insults and playground fights that involve pushing, kicking, and hitting become more common. Emphasis on Islamic Akhlaq and manners should be constantly provided by the parents and teachers.

#### **Understanding Others' Feelings:**

Between the ages of six and twelve, children become more skilled at recognizing the causes of emotions in others (e.g. sadness is caused by a specific circumstance or incident). However, they have not yet reached the stage at which they can recognize emotions in others who are of a different age or when a situation that they are faced with is an unfamiliar one.

# How to use elementary curriculum

IQRA' International Educational Foundation has developed a comprehensive course of study spanning the six years of Elementary schooling. This curriculum covers four areas of Islamic knowledge:

**Qur'anic Studies** 

Sirah and Hadith of Rasulullah (S)

Figh and Ibadah (Islamic Akhlag and Adab)

Islamic Social Studies: Geography and History of the Muslim people,

Islamic system of government and laws of economics for Muslims

We have also developed a separate curriculum for Qur'anic reading, recitation and study of the Arabic language.

The curriculum is comprehensive, in the sense that it covers all basic fields of study of Islamic education at each grade level. It is also very carefully graded, keeping in mind the cognitive, social, emotional and physical characteristics of elementary aged children at each grade level. Following are some special features of this course of study:

## **Statement of Philosophy:**

The syllabus opens with an introduction and a statement of philosophy. We request you to read the statement and formulate a clearly defined philosophical basis for your school and classroom.

#### **Characteristics of Elementary-Aged Children:**

Under this heading is a brief description of the physical, cognitive, social and emotional development of elementary aged children. We urge you to read it and understand the behavior and learning process of children under your supervision in the school. Many teachers and parents will need more information about the developmental process of young children than that which is provided here, and this can be easily obtained by studying any of the recommended books on Child Development.

#### **Scope and Sequence Chart:**

This chart represents the total sequence of units to be covered during the course of one academic year of Elementary school. The term <u>Scope</u> refers to the amount of information which is made available to the children at a particular grade level.

The Scope of the Islamic history curriculum is developed keeping in mind the physical, cognitive, social and emotional development of children between the ages of six to twelve. The amount of time available to the teacher of Islamic history is also a contributing factor in determining the Scope.

#### The Scheme:

The course of study is a detailed description of the goals to be achieved during each year of study and over the period of six years of elementary schooling. The goals for each subject at each grade level are clearly defined at the beginning of each section. A few sample activities that may be implemented to achieve these goals are also provided. These activities are merely suggestions for guidance. The teachers are advised to develop their own lesson plans using the pattern of the Kindergarten curriculum lessons as a guide. The goals of each subject are independent enough to be specific to the content of the subject under study, yet integrated enough to present a comprehensive view of the area of study.

#### Scope and Sequence:

This is the actual planning of the range and order of the amount of information to be shared with students of a specific age group during any given class period. Sequence represents the order in which the entire course of study will be taught during the course of the year and further over the course of six years. The sequence guards the curriculum planners against unnecessary repetition of topics and the scope helps the teachers prepare each lesson at the level of understanding and maturity of the target audience. The depth and maturity of a well-developed and pedagogically conceived curriculum grows with each lesson and attempts to offer fresh challenges to both teachers and students.

#### **Bibliography:**

This section contains the recommended books for each subject at each grade level. Most of the textbooks and workbooks listed have been prepared and published by IQRA' International Educational Foundation as an integral part of its; 'Comprehensive and Systematic Program of Islamic Education'. Each topic of the curriculum is covered in the recommended textbook and accompanying workbook. Within the last ten years, the field of Islamic literature for children has made tremendous progress and the number of books available has grown many-fold. Some of these relevant books have also been recommended as further reading.

At the end of the syllabus, a bibliography of children's books on Islam and Muslims has been provided for the teachers and parents to obtain for their children's enrichment and enjoyment. Insha Allah, our young children will grow to be fine examples of *Muttaqi' Mu'minun*.

## **Field Testing:**

The entire syllabus has been thoroughly tested in a formal school setting under the direct supervision of in-house educators at IQRA' International Educational Foundation. It is only after suggestions and corrections made by cooperating school teachers and editors have been incorporated into this work that the present manuscript is ready for use in the classroom.

# Qur'anic Studies

Reading, understanding and practice of the teachings of the Qur'an

The Philosophy

(Arabic Text)

In the name of Allah, Most Gracious, Most Merciful.

Alif Lam Mim

This is the Book; in it is Guidance sure, without doubt, for those who fear Allah

Who believe in the Unseen, are steadfast in prayer and spend out of what We have provided for

them.

And who believe in the Revelation sent to you, and sent before your time, and (in their hearts)

have assurance of the Hereafter.

They are on (true guidance) from their Lord, and it is they who prosper.

(Al-Bagarah 2:1-5)

Allah (SWA) informs us in the above verses that the Qur'an is the "Book of Guidance" for all Muslims. It is our primary duty to read, understand and practice the teachings of the Qur'an in our daily lives. Thus, learning to read, understand and follow the Qur'an should be the primary goal of every curriculum designed for Muslim students. The focus of this curriculum should be the firm belief that the source of all knowledge is the Revelation and that any theory contradicting any part of the Revelation is false.

The above verses describe the personality of a Believer in a most beautiful manner. We should focus on developing the personality of our children so that they learn to:

- fear Allah (SWA)
- believe in the Unseen
- be steadfast in prayer
- spend out of what Allah (SWA) has provided for them
- believe in the Revelation sent to Rasulullah (S) and to other Prophets who came before him
- believe (in their hearts) and have assurance of the hereafter.

According to Allah (SWA), these are the characteristics of a true Believer. Teachers and parents, as models of Islamic behavior, should work hard to acquire these same qualities so that they may inspire younger generations. Children will be encouraged to adopt the teachings of the Qur'an into their own personalities at their own level.

# Qur'anic Studies

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- fear Allah (SWA)
- believe in the Unseen
- be steadfast in prayer
- spend out of what Allah (SWA) has provided for them
- believe in the Revelation sent to Rasulullah (5) and to other Prophets who came before him
- believe (in their hearts) and have assurance of the hereafter.

According to Allah (SWA), these are the characteristics of a true Believer. Teachers and parents, as models of Islamic behavior, should work hard to acquire these same qualities so that they may inspire younger generations. Children will be encouraged to adopt the teachings of the Qur'an into their own personalities at their own level.

# **Qur'anic Studies**

# Goal One:

# Decoding and Recitation of the Arabic Text

Developing the ability to decode the Arabic text

Of the Qur'an and learning to recite it fluently.

Statement of Performance Objectives	Examples
The Students will:	
Easily decode the Arabic text of the Qur'an.	Recite and decode entire texts of the 12-17 'Ajza'.
Complete the recitation and decoding of the $13^{th}$ , $14^{th}$ , $15^{th}$ , $16^{th}$ , $17^{th}$ and $18^{th}$ 'Ajza'.	Listen to an audio/video tape of a good <i>Qari</i> reciting the above <i>'Ajza'</i> of the Qur'an.

# **Qur'anic Studies**

# Goal Two:

# Memorization and Recitation of the Suwar

Memorization and recitation of some of the 'Ayat and Suwar of the Qur'an

Statement of Performance Objectives The Students will:	Examples
Recite, with fluency and Tajwid, the previously memorized Suwar.	Memorization and recitation of the following Suwar:  Al-Ghashiyah  Al-'A'la  Al-Tariq  Al-Buruj  Al-Inshiqaq  Al-Mutaffifin
Memorize and recite from memory required <i>Suwar</i> of the Qur'an.	Recite fluently.

# **Qur'anic Studies**

# Goal Three:

# Introduction to Allah's Last Book: The Qur'an

Qur'an as the Book of Allah (SWA), Qur'an as Wahi, Qur'an as the guidance from Allah (SWA)

Arabic as the language of the Qur'an. Divisions of the Qur'an into 'Ayah, Surah and Juz.

Compilation of the Qur'an; early Huffaz of the Qur'an.

Statement of Performance Objectives	Examples
The Students will:  Study the different ways in which the verses of the Qur'an were preserved as Rasulullah (S) recited them to the Sahabah after learning them from Jibril (AS).	Memorization by the <i>Huffaz</i> : the <i>Sahabah</i> wrote the revealed verses on palm leaves and animal skins.
Sequence of the 'Ayat and Suwar in each Juz.	Sequence of the <i>Suwar</i> was determined by Prophet Muhammad (S) himself.
Compilation of the text of the Qur'an.	Compilation under Abu Bakr (RA) and Uthman (RA).
The inclusion of vowels and diacritical marks.	Addition of vowels to standardize the pronunciation, the rules of <i>Tajwid</i> .

# **Qur'anic Studies**

# Goal Four:

# Meaning and Understanding of

# the Selected Suwar of the Qur'an

Demonstrating their knowledge and understanding of the contents of the *Suwar* and explaining the assigned *Suwar* and analyzing various aspects of the *Surah* under study.

Statement of Performance Objectives	Examples
The Students will:	
Comprehend the meaning and themes of the <i>Suwar</i> studied.	Study the meaning and explanation of the <i>Suwar</i> # 8 3-88.
Learn that there will be a vast difference between the <i>Kuffar</i> and the Muslims in the Hereafter. Using this knowledge, they should try to implement Islam into their lives.	Surah Al-Ghashiyah
Realize that the Qur'an is the True Guidance from Allah (SWA) and that it leads us to the highest level of purity and spiritual development.	Surah Al-'A'la: Allah (SWA) has made human beings capable of progress and He guides us in every aspect of our lives if we ask Him for guidance.

Know that Allah (SWA) asked Prophet Muhammad (S) to invite people to the Truth of Islam. He taught Rasulullah (S) the Qur'an in "degrees" (a little at a time) so that he would not forget and He made it easy for us to follow His Path.	Surah Al-A'la
Learn to practice justice, fairness, honesty in their everyday lives and dealings with others (Muslims and non-Muslims).	Study Surah Al-Mutaffifin with meaning and explanation. Share with equal measure. Give generously, treat everyone equally, avoid giving too little and asking too much.

# **Qur'anic Studies**

## Goal Five:

# 'Adab Related to the Qur'an and

# Our Obligations Towards the Qur'an

Learn the etiquette ('Adab) of the Qur'an and practice at all times.

Gaining knowledge and understanding of the following five obligations towards the Qur'an.

- a). Believing in the Qur'an as the Word of Allah (SWA)
  - b). Understanding its themes and ideas
- c). Practicing its guidance and teaching in every day affairs
- d). Communicating its teachings to others (Tabligh and Dawah)

Statement of Performance Objectives The Students will:	Examples
Respect the Qur'an, try to face the <i>Qiblah</i> when reciting it.	Try to sit facing the <i>Qiblah</i> every time you recite the Qur'an.
Respectfully listen to the Qur'an when it is being recited.	Quietly listen to the recitation, paying careful attention and stopping all other activities.
Follow the specific instructions given in the Qur'an.	Observe Sajdah At-Tilawah when it occurs.

Learn to recite the Qur'an with <i>Tartil</i> peacefully and slowly, and not rush through the words.	Recite the memorized Suwar with <i>Tartil</i> every day. May even lead the prayer and recite aloud in <i>Jahri Raka'at</i> .
Begin to think and discuss some of the verses of the Qur'an in class and with family members.	Discuss and learn a selected 'Ayah in class with the teacher at their level.
Adopt the teachings from the studied verses into their daily lives, <i>Insha' Allah</i> . Encourage friends and siblings to follow the teachings of the Qur'an together.	Work hard to progress, ask for Allah's Guidance, share fairly, practice generosity and equality and be just towards everyone; believe that all power rests with Allah (SWA).

# Qur'anic Studies

Goal Six:

# Teachings of the Qur'an

Every Muslim should aspire to be a *Mu'min* (*Insha' Allah*) through reading the Qur'an, comprehending its meaning, pondering over each 'Ayah, internalizing its teachings and acting earnestly upon them.

Statement of Performance Objectives	Examples
The Students will:  Learn the value of forgiveness, (Allah's rewards for those who forgive); learn to forgive in their daily interaction with others.	Surah 'Al-'Imran (3:134) Surah 'Ash-Shura (42:40)
Practice patience and Justice as a duty for a true Believer.	Handle fights and other abuse by children with patience.

Realize that a practicing Muslim always fulfills her/his promise.	Life and teachings of Prophet 'Ayub (AS); Hadith of Prophet Muhammad (S); relate the story of Prophet Muhammad (S) when he waited an entire day for the man that he had promised to meet: Surah Al-'Ma'idah (5:1) and Surah Al-Mu'minun (23:1-11) talks about this characteristic of Believers.
Learn honesty and fairness.	Surah 'Ash-Shu'ara' (26: 181-183).
Know that we are accountable to Allah (SWA) for every single action. We should always be just and fair in our dealings.	Surah Hud 11:85

## **Qur'anic Studies**

## Fifth Grade Curriculum

# Scope and Sequence

# Qur'anic Reading, Understanding and Memorization

## A. Introduction of the Qur'an

History of the collection and compilation of the Qur'an

Inscription of the Scripture during the life of the Prophet Muhammad (S)

Sequence of the Suwar and the 'Ayat according to the instructions of Rasulullah (5)

The role of Abu Bakr (RA) and other Sahabah in the compilation of the Qur'an

Compilation of the text during the time of 'Uthman (RA)

Placing vowels and diacritical marks within the text of the Qur'an

# B. Recitation, memorization and Tafsir

Students should study the following *Suwar* with the aid of at least two major translations of the Qur'an to understand the meaning of the *Suwar* studied. Learn at least fifty key Arabic terms, concepts and words:

Al-Ghashiyah

Al-'A'la

Al-Taria

Al-Buruj

Al-Inshigaq

Al-Mutaffifin

# C. Teachings of the Qur'an

Focus should be on the development of Islamic personality, the self, which remains ever-

conscious of Allah (SWA): the concept of righteousness and God-consciousness (Taqwa).

Concept of true success

Purpose of life

The following virtues must be taught using the Qur'an as a special reference:

#### **Truthfulness**

Meaning, the concept of truthfulness in Islam (Surah At-Tawbah)

To believe in the Truth (Allah (SWA), the Prophets, the Scriptures)

To always speak the truth

To live in the company of the truthful

To always defend the truth in thought, words and actions

To avoid the company of those who tell falsehoods

#### Honesty

To be sincere and honest to Allah (SWA)

To be honest with others (Family, friends, neighbors, teachers and everyone else)

Take the Prophet Muhammad (S) as an example of honesty and truthfulness

To be honest in thoughts, words, actions and dealings

To avoid the company of dishonest people

#### **Patience**

Concept of patience in the Qur'an (Surah al-Ahqaf: 35, Surah al-Imran: 200)

Patience should accompany:

- faith in Allah (SWA)
- faith in His mercy
- assurance that Allah's help is always near
- faith that Allah (SWA) does not forget His patient servants

# Aspects of Patience

- to control worldly passions by having faith in Allah (SWA)
- not to get carried away by worldly temptations
- to remain steadfast in following the laws of Allah (SWA) in the face of difficulties
- to tolerate the things that cause pain and discomfort in our path of truth
- patience in dealing with other human beings

Rewards for being patient:

Allah (SWA) rewards those who remain patient in the face of difficulties

Rewards in this world and in the life of the Hereafter.

(Surah al-Furgan: 63-77 and Surah Al-Ra'd 15-29)

## Moderation

Literal meaning: Concept of moderation in Islam

Moderation in every aspect of life:

Worship, eating, spending, giving charity, etc.

(Surah al-Isra': 110, Surah al-Furqan: 67, Surah al-Luqman: 79)

# BIBLIOGRAPHY

Textbook	Ghazi, A & T: Teachings of the Qur'an Vol II and III IQRA' International Educational Foundation, Chicago.  Ghazi, Abidullah: Juz'Amma, Part Two (For the Classroom) IQRA' International Educational Foundation, Chicago.
Workbook	Ghazi, Tasneema: <u>Teachings of the</u> <u>Qur'an Vol II</u> IQRA' International Educational Foundation, Chicago.

Students and teachers may have access to the following translations of the Qur'an:

Ali, Abdullah Yusuf

Pickthall, Muhammad Marmaduke

Assad, Muhamamad

Khan, Muhsin

Darybadi, Abdul Majid

Ayoub, Mahmood

Irving, T.B.

Teachers should have studied and read the Tafsir of the Holy Qur'an.

(See Teachers' Guide, Appendix B)